

## Save a Young Adult & Adults Life



This course is designed to give first aid knowledge to people dealing with young adults and adults, as well as providing an overview of drug and alcohol use. This course is the second in our 'Save a Life' series.

*Course Content (Theory 40%, Practical 60%)*

- Recognition of the injured/ill young adult & calling for help
- Basic life support for young adults and adults
- Overview of medical emergencies (diabetes, chest pain, seizures)
- Overview of traumatic emergencies (head injuries, fractures, wounds, burns)
- Overview of the use of drugs and alcohol

Target Audience	Parents, grandparents and anyone with contact with children. This course is also suitable for school age children entering high school.		
Course Duration	4 hours		
Timing	Single teaching session		
Location	Your site or one of our preferred training facilities		
Maximum Class Size	12		
Course Pre-Requisites	Nil		
Student Handouts	Textbook	Workbook	Handouts
	* (optional)	* (for school children)	✓
Assessment	Assessment during the teaching session		
Certificate Validation	1 year		
Legislative Background / Syllabus Source	Needs assessment based on published injury / incidents from sources such as the Royal Society for the Prevention of Accidents (RoSPA), the British Medical Journal (BMJ) and like courses conducted elsewhere		
Cost (Individual)	Price on application		
Cost (Group)	Price on application		
Course Accreditation	The CPR element of this course is as taught on a first aid at work course as approved by the HSE (NI)		
Other Information	We can advise and assist in the purchase and maintenance of an appropriate first aid kit for your situation <i>at no extra charge</i> through our contacts at Cardiac Services Ltd		
Contact for Further Information & Booking	Revive Healthcare Training Ltd PO Box 841 Belfast BT15 4WZ Ph / Fax: 028 032 4481 Email: <a href="mailto:revivehealthcare@tiscali.co.uk">revivehealthcare@tiscali.co.uk</a> Website: <a href="http://www.revivehealthcare.co.uk">www.revivehealthcare.co.uk</a>		